

When uncertainty rises, people follow those who are steady. In times of change, when stability feels out of reach, teams need leaders who can provide clarity, calm, and direction. This workshop equips leaders with practical tools to guide others through uncertainty, maintain trust, and keep progress moving – even when the path ahead isn't clear.

### Course

This workshop will be adjusted to suit your exact requirements.

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All skills are demonstrated and then experienced. We embrace a "learning by doing" philosophy in all our Leadership, Communication and EQ modules.

## What you will learn and experience

- Influencing self to influence others
- Understand and meet the core human needs that drive all human behavior
- Understanding the goals, fears, values of your people to lead, support and motivate most effectively
- Strengthen team morale in times of uncertainty
- Build trust and sustain motivation when people feel disconnected
- Influence through motivation psychology and behavioural insight
- Lead with presence – even when you don't have all the answers
- Leave with focused action plan to build upon

Trusted by 100+ top companies, including:



Google



100+ Google reviews  
5-star rating



Who we are/why us:

**Progressive Coaching**, Zurich, is a team of passionate and knowledgeable psychologists and coaches. We spend our days delivering workshops on the topics of Leadership, Mental Health, Communication, and Emotional Intelligence, to some of the most well-known firms in Switzerland.

Our workshops are extremely engaging; never dry theory. We teach evidence-based skills which enables individuals to strengthen themselves, influence systems, and help others.

[www.progressive-coaching.ch](http://www.progressive-coaching.ch)



**Course Instructor:**

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